

**Spring Retreat**  
**Redeemer Youth Ministry**  
**April 24-26, 2009**

**Departure Time from Redeemer:**

Friday: 4:30 pm: Load up vans  
5:00 pm: Hit the road!

**Return Time to Redeemer:**

Sunday: between 3pm and 4 pm.

**What to Bring:**

- Bible
- Sleeping bag and pillow
- Closed-toed tennis shoes (necessary for Saturday activities)
- Clothes that can get dirty (necessary for Saturday activities)
- Appropriate bathing suit (one-piece, not two-piece)
- Towel
- Toiletries
- Money for 2 meals on the road

**Important Notice:**

- Cell phones and iPods will be allowed only in the vans. Once we arrive at the retreat center, all cell phones and iPods will remain locked in the vehicles. No exceptions. If you parents need to get in touch with you in an emergency, below are the emergency contact numbers.

**Emergency Contact Numbers**

- **Mike Fennema: 407.782.1559**
- **Global Retreat Center: toll-free: 877-251-1800 local: 706-686-4594**